

## HSEWAS Call – 2-6-17

### Future Events:

- The Pre-k/Early Childhood Fair will be held on April 8 at the Welch National Armory. The theme will be Little Superheroes.
- The Community Baby Shower will be held on April 21
- On April 29, Tug River Health Association is having a Spring Fling. Sharon Waldren is the contact person. Please let her know if you'd like to setup a booth.
- THINK: Mission WV is an teen pregnancy prevention organization. They are holding a conference on April 4-5

### Notes:

#### Kenny Birchfield

- McDowell has dropped down to 3<sup>rd</sup> in the country for teen pregnancies, there was an 18% drop from 82% to 64%
  - Girls and Boys group is meeting after school to talk about teen pregnancy and prevention methods
- Nutrition Wellness Grant – funds are being used at Sandy River and one other school to expand their greenhouse and to help teach students about benefits of good nutrition.
- In communication with KBC – one of the mental health providers – about possible expansion. Speaking with Yeager and Sandy River to see if they want to expand mental health services in schools
- Handle with Care updates
  - AFT has a Train the Trainer for educating and handling students dealing with trauma
  - Mental Health First Aid Kit
    - 142 school staff have been trained to help educators and students with increased mental health resiliency
    - If anyone knows partners who would want the training, contact Kenny
- Prevent Suicide WV – meeting with principals on March 9 to talk about what services they can offer – suicide prevention services and toolkits
- Now is the Time – grant
  - The grant is a presidential initiative to reduce gun violence and provide wellness and mental health services in schools
  - Kenny will use information from state evaluations to discuss with schools

#### Nikki Tenant

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**Debbie Elmore**

- Gentle Yoga
  - Lauren Wells and Sheila Muncy are holding a gentle yoga course at Southside. They are going to train to be able to provide youth services.
- SADD – Students Against Destructive Decisions – Riverview has a very active chapter, and Mount View is preparing to have a chapter

**Participants:**

Julie Rubin

Kenny Birchfield

Eloise Elliot

Bill Woodrum

Wendy Bailey

Shital Shah

Nikki Tenant

Debbie Elmore

Annette Green